

MEdIES

Μεσογειακή Εκπαιδευτική Πρωτοβουλία
για την Εκπαίδευση και την Αειφορία

Το πρόγραμμα
του MIO-ECSDE
για την Εκπαίδευση



Έδρα και Δίκτυο UNESCO για την
"Διαχείριση και Εκπαίδευση για την
Αειφόρο Ανάπτυξη στη Μεσόγειο"
Εθνικό και Καποδιστριακό
Πανεπιστήμιο Αθηνών



Mediterranean food & diet to promote intercultural dialogue & sustainability, Webinar, Zoom Platform, 27 November 2023, 15.30-17.30

THE MED PROJECT

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Erasmus+ Programme
of the European Union



THE MED PROJECT

Holistic and Whole-School Approach to teaching with ICH element Mediterranean Diet

Holistic Approach:

linking Mediterranean Diet to
UNESCO ASPnet educational priorities (SDG's, ESD, GCED)
Transformative Learning & Systems Thinking
using the **whole school approach** to Sustainability

MEDITERRANEAN DIET

<https://ich.unesco.org/en/RL/mediterranean-diet-00884>

- The Mediterranean diet involves a set of skills, knowledge, rituals, symbols and traditions concerning crops, harvesting, fishing, animal husbandry, conservation, processing, cooking, and particularly the sharing and consumption of food.
- Eating together is the foundation of the cultural identity and continuity of communities throughout the Mediterranean basin. It is a moment of social exchange and communication, an affirmation and renewal of family, group or community identity. It emphasizes values of hospitality, neighborliness, intercultural dialogue and creativity, and a way of life guided by respect for diversity.
- It plays a vital role in cultural spaces, festivals and celebrations, bringing together people of all ages, conditions and social classes.

MEDITERRANEAN DIET

<https://ich.unesco.org/en/RL/mediterranean-diet-00884>

- It includes the craftsmanship and production of traditional receptacles for the transport, preservation and consumption of food, including ceramic plates and glasses.
- **Women** play an important role in transmitting knowledge of the Mediterranean diet: they safeguard its techniques, respect seasonal rhythms and festive events, and transmit the values of the element to new generations.
- Markets also play a key role as spaces for cultivating and transmitting the Mediterranean diet during the daily practice of exchange, agreement and mutual respect.

THE MED PROJECT: Linkages

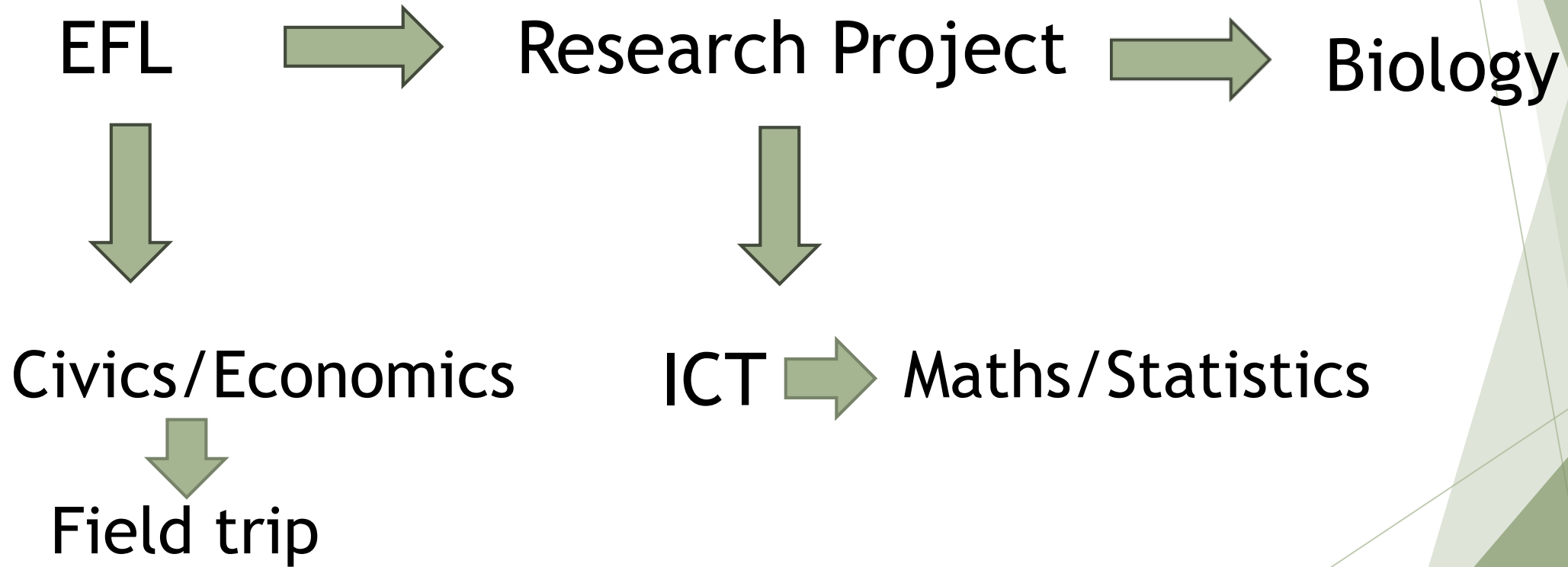
- 17 SDG's/ Systems Thinking
- UNESCO ASPnet Educational Priorities
 1. *Education for Sustainable Development (ESD)*
 2. *Global Citizenship Education (GCED)*
 3. *Intercultural Learning*
- Transformative learning (K-S-A Lesson plans)
- Whole-school approach



THE MED PROJECT

- ▶ 2 classes, 50 Students, 16-17 years old, CEFR: B2-B2+
- ▶ School year: 2017-2018 @ Ralleio GEL Thileon Peiraia, Greece
- ▶ UNESCO ASPnet member school
- ▶ Framework: Erasmus+KA2 2017-2020, **ROOTS/ Routes to Outdoor Oriented Teaching & Sustainability (focused on place-based learning)**
- ▶ “2018 European Year of Cultural Heritage Label”
- ▶ Health Promoting Schools Network
- ▶ All 50 students involved in the reception of Erasmus+ partners at the school: 15 students, 10 teachers from Iceland, Slovenia, Spain, Sweden
- ▶ **Interdisciplinary: EFL, Project Research, ICT, Biology, Mathematics, Social Science, Economics**
- ▶ **Field trip: Farm of organic & regenerative agriculture run by Social Cooperative Enterprise**

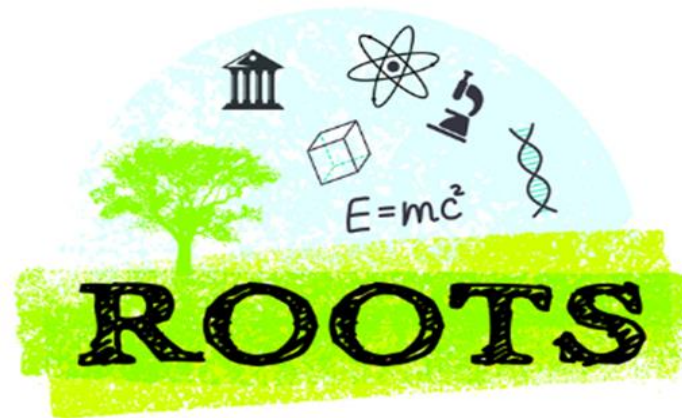
Interdisciplinary approach



THE MED PROJECT: practicing the ICH element



ROUTES TO OUTDOOR TEACHING AND SUSTAINABILITY
2017-1-IS01-KA219-026517

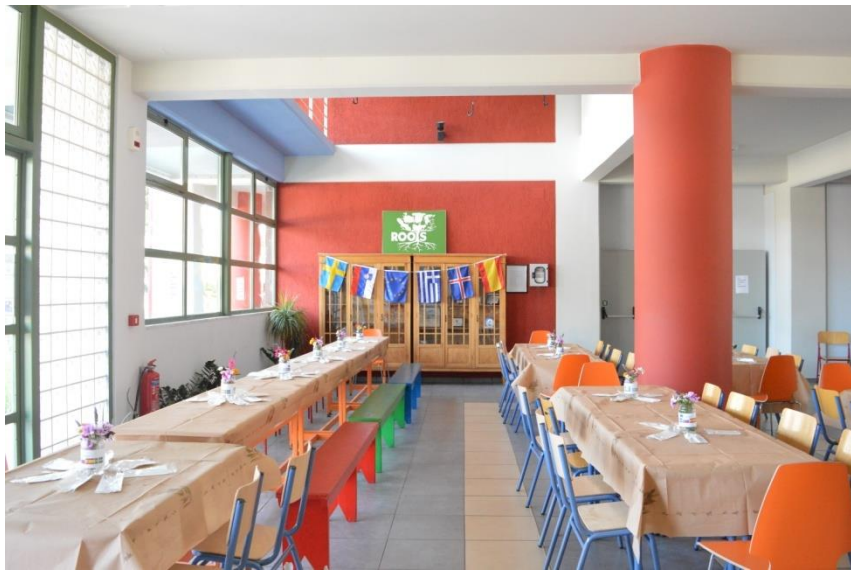


**C2: Learning Activity / Short Term Exchanges
of Groups of Pupils**

**Ralleio Geniko Lykeio Thileon Peiraia
Peiraias, Greece, 18th - 22nd April, 2018**

THE MED PROJECT: practicing the ICH element

DECORATION



BUFFET



THE MED PROJECT: practicing the ICH element

Mothers



The serving team



THE MED PROJECT: Behavioral component

Eating Together



NO FOOD WASTE ACTION



THE MED PROJECT: practicing the ICH element



THE MED PROJECT: place-based learning



THE MED PROJECT: place-based learning



THE MED PROJECT: place-based learning

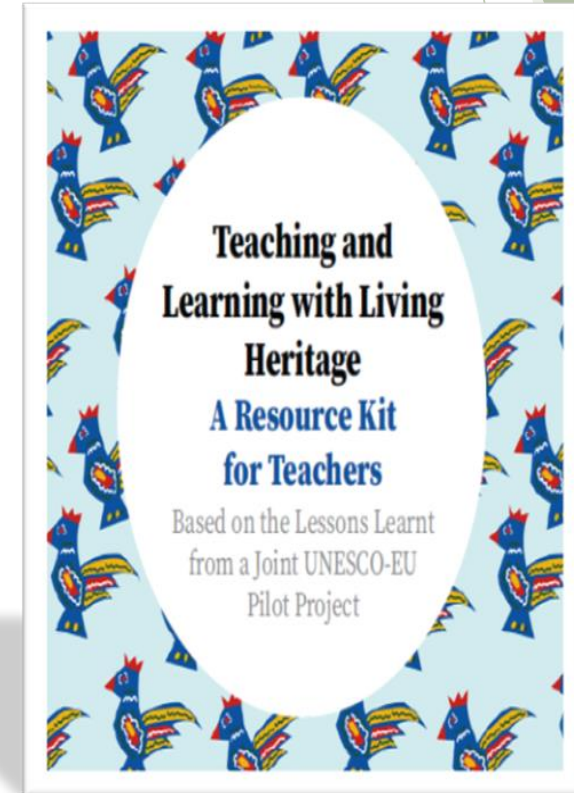


THE MED PROJECT: assessment

- ▶ Student Assessment (Ralleio & Erasmus+ partner students)
- ▶ Teacher Assessment (Ralleio & Erasmus+ partner teachers)
- ▶ Formative Assessment (classroom work)
- ▶ Final Assessment (term tests & exams)
- ▶ Projects (rubrics)
- ▶ Baseline Questionnaire (Erasmus+ participants)

THE MED PROJECT: dissemination

- ▶ National
- ▶ European
- ▶ International
- ▶ UNESCO-EU Pilot Project
Teaching & Learning with Living Heritage



DISSEMINATION, national level

- ▶ **«UNESCO Living Heritage»**

Online Training Seminar for Greek UNESCO (ASPnet) teachers

Directorate of European and International Affairs, Ministry of Education

12 January 2021, online

- ▶ **«Integrating Intangible Cultural Heritage in formal education»,**

Online dissemination event of the joint UNESCO-EU pilot project

Directorate of European and International Affairs, Ministry of Education

22 October 2021, online

DISSEMINATION, national level: Hybrid dissemination & teacher training event on the integration of Intangible Cultural Heritage in school education, Athens, 18/3/2023

20th Anniversary of the adoption of the Convention for the Safeguarding of the Intangible Cultural Heritage (UNESCO, 2003) and the 70th Anniversary of the establishment of the UNESCO Associated Schools Network (ASP net)

Directorate of Modern Cultural Heritage of the Ministry of Culture

Directorate of European and International Affairs of the Ministry of Education

- ✓ Training workshop on the 6-step methodology to integrate ICH in school education proposed in the Guide for Greek UNESCO (ASP net) teachers from all over Greece



Διοργάνωση

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Υπουργείο Παιδείας και Θρησκευμάτων

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Υπουργείο Πολιτισμού και Αθλητισμού
Γενική Διεύθυνση Αρχαιοτήτων και Πολιτισμικής Κληρονομιάς
Διεύθυνση Νεότερης Πολιτισμικής Κληρονομιάς

UNESCO 70

Αυτο Παιδαγωγικό Κέντρο της Διάλεκτο

Υβριδική Ημερίδα
Διδάσκοντας την άυλη
πολιτιστική κληρονομιά
& με την άυλη
πολιτιστική κληρονομιά.
Το μοντέλο της UNESCO
για την ενσωμάτωση της άυλης
πολιτιστικής κληρονομιάς
στη σχολική εκπαίδευση.

18 Μαρτίου
2023

Εθνική Βιβλιοθήκη της Ελλάδος, ΚΠΙΣΝ, Λ. Συγγρού 364
Αίθουσα: Πύργος βιβλίων

Εθνική Βιβλιοθήκη
της Ελλάδος National
Library of Greece

ΣΙΑΦΟΣ
MARKOS
FOUNDATION
CULTURAL
CENTER

ΚΕΝΤΡΟ
ΕΡΕΥΝΑΣ
ΣΤΑΥΡΟΣ
ΜΑΡΚΟΣ



We are

#LivingHeritage

Activities around the world



Celebration of the 20th Anniversary of the 2003 Convention in Madrid's Book Fair 2023.

26-05-2023/11-06-2023
Madrid (Spain)



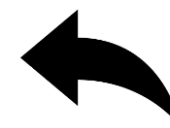
Webinar "Women as bearers of ICH"

08-03-2023
Online (Spain)



Teaching about and with ICH

18-03-2023
(Greece)



Featured on the Anniversary webpage as the FIRST INTERMINISTERIAL COOPERATION

DISSEMINATION, European level

Case study for the presentation of Step 4
Training Material of the training-of-trainers
workshop on ICH and education for the
European branch of the UNESCO's global
network of facilitators under the 2003
Convention for the Safeguarding of the
Intangible Cultural Heritage
17-19/10/2022, Sofia, Bulgaria
Special Invitation by UNESCO Culture Sector



Living Heritage and Formal & Non-formal Education

**2022 Training of trainers' workshop
for the European branch of the
network of global facilitators in
Intangible Cultural Heritage**

Sofia, Bulgaria, 17-19 October 2022

Jointly with

**16th Annual Meeting of the South-
East European Experts Network on
Intangible Cultural Heritage**

Sofia, Bulgaria, 19-21 October 2022

CONCEPT NOTE

With Tentative Agenda



DISSEMINATION, European level

- ▶ **Capacity-building program for the safeguarding of Intangible Cultural Heritage in Italy**
- ▶ Capacity-building program for Italian Living Heritage practitioners
- ▶ Online course/ Session 10: ICH and education - 17 November 2023
- ▶ Organized by the Ministry of Culture of Italy and UNESCO

DISSEMINATION, International level

- **Global Online Meeting UNESCO ASPnet “Change Initiative”** (a laboratory of ideas pioneering innovative and creative approaches to translate global concepts into practice at the school level and to advance the transformation of education systems and policies), 6th Session: Living heritage as an enabling force for transformative education, 3/6/2021
- Special Invitation by UNESCO Culture Sector



The banner features a red header with the UNESCO logo and ASPnet logo on the left, and the event title on the right. Below the header is a white section with a blue bar indicating the dates and time. The bottom section is a blue bar with the event's theme. The background of the bottom section shows a network of nodes and lines.

United Nations Educational, Scientific and Cultural Organization

UNESCO Associated Schools

Change Initiative
Global Online Meeting
Concept Note & Programme

31 May - 4 June 2021 1.30-5pm CET

UNESCO Associated Schools Network (ASPnet)
Teacher Education & Training Institutions for Global Citizenship Education
and Sustainable Development

DISSEMINATION, International level

UNESCO ESD Newsletter, May 2023



unesco

Newsroom #SharingHumanity Explore UNESCO English

Expertise Impact Publications & Data Get Involved

Story >

ASPnet schools in Greece integrate art and culture to promote education for sustainable development

Art and culture can be an impactful vessel for integrating education for sustainable development (ESD) into the classroom. Three UNESCO Associated Schools Network (ASPnet) schools from Greece recently shared their inspiring stories of how they incorporated art and culture into their learning environments.



Co-funded by the
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2018 
EUROPEAN YEAR
OF CULTURAL
HERITAGE
#EuropeForCulture



United Nations
Educational, Scientific and
Cultural Organisation



UNESCO
Associated
Schools



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